

## CGDENT AND GC AWARD FOR FOUNDATION DENTISTS ENTRY GUIDANCE

The CGDent and GC Award for Foundation Dentists is open to all Foundation Dentists and Vocational Trainees in the UK. This is your opportunity to gain recognition for your aesthetic dentistry skills, and the high standard of care you have provided to your patient.

To enter, you must submit an aesthetic case that you have treated during your Foundation or Vocational Training. You will find details on case criteria further in the guidance.

### KEY DATES

Entries close	Friday 23 February 2024
Cases submitted by	Friday 5 April 2024
Winners announced by	Early June 2024
Composite layering course	Thursday 11 July & Friday 12 July 2024

### HOW TO ENTER

1. Identify an appropriate aesthetic case to enter the competition
  2. Complete our online entry form, including initial case photographs
  3. Receive your free GC G-aenial A'CHORD Composite kit – limited number available
  4. Carry out restorative treatment on your patient
  5. Submit your case
- 
1. The first step is to identify an aesthetic case amongst your patients that you would like to enter into the competition (see the Case Eligibility Criteria). Ensure you gain your patient's consent as well as consent from your Educational Supervisor or NHS Trust/University, before you enter the competition.
  2. Ready to enter? First [create a free account](#) on the College website or [sign in](#) to an existing account. Please **check your junk box** if you do not receive a confirmation email.

Complete our online entry form and attach up to six photographs of the aesthetic case you plan to treat.

Photographs should be dated, high-resolution Jpeg files, max 3MB each. They should be face on and left and right lateral retracted views, clearly showing the teeth to be treated. If you feel that photographs taken without retractors would help illustrate your case, you may also include these. Include your full name in the file names.

Go to [cgdent.uk/cgdent-gc-award](https://cgdent.uk/cgdent-gc-award) to complete the entry form.

**The award closes for entries on Friday 23 February 2024.**

3. As long as your case is eligible for entry, we will send you a free GC G-aenial A-CHORD Composite kit, worth in the region of £250, to use in your case treatment (while stocks last). If we are unable to send you a free kit, you may use other non-GC composite material to carry out your restoration treatment.

If, after your initial entry, you find a better case you would prefer to treat, you may contact us with new pre-treatment photographs and we will confirm if the case is eligible. We will not be able to send you another GC G-aenial A'CHORD Composite kit but you may use alternative material. Please email your new photographs to [contact@cgdent.uk](mailto:contact@cgdent.uk)

4. Carry out your aesthetic treatment on your patient.
5. Once completed, submit your case by the final entry date - a PDF containing a short rationale, treatment plan, outcome, and conclusions accompanied by initial and final case photographs taken before and after treatment. Go to [cgdent.uk/cgdent-gc-award](https://cgdent.uk/cgdent-gc-award) to upload your case.

**You may submit your case as soon as you have completed it, but the final case submission deadline is Friday 5 April 2024.**

## **CASE ELIGIBILITY CRITERIA**

Your case treatment must cover more than one tooth and include the use of composite to restore teeth, in addition to other restorative techniques.

A single tooth would only be acceptable if it involves the treatment of a badly discoloured tooth. The overall treatment may include a single veneer or crown or an adhesive bridge but only as part of the full restorative treatment with composite. Aesthetics posterior to the first premolar teeth should not be included – but restoration of posterior teeth, if required, will not preclude entry.

The following treatments are eligible for entry:

- Treatment for caries
- Treatment for trauma
- Treatment for toothwear
- Aesthetic bonding which could include whitening or minor orthodontic tooth movement. Orthodontics could have been started by a predecessor but you would need to finish the restorative phase of treatment.

Please note: cases that show various degrees of periodontal issues should have a significant improvement in the clinical appearance of the tissues in the final case submission.

### Example cases

These photographs are just a few examples of the types of case you could submit. Further examples are provided at the end of this document.

#### CASE A

Restoration of a fractured tooth and replacement filling

##### Initial photograph



##### Final photograph



#### CASE B

Aesthetic composite space closure

##### Initial photograph



##### Final photograph



#### CASE C

Replacement of old unsightly composites

##### Initial photograph



##### Final photograph



#### CASE D

Internal whitening and composite veneer

##### Initial photograph



##### Final photograph



## PRESENTING YOUR FINAL CASE

Your final case should consist of initial and final photographs, positioned next to each other, illustrating the treatment you carried out, supported by a relevant written clinical record, including a treatment plan, a record of the treatment sequence and a reflection of your treatment. The judges will predominantly assess your case on the strength of your photographs, looking at your aesthetic dentistry skills and how your treatment has benefited your patient.

Save your case as a PDF, with your full name in the file name, and submit it to us on the CGDent website at [cgdent.uk/cgdent-gc-award](http://cgdent.uk/cgdent-gc-award)

The table describes the sections you should include, indicating the word limit allocated to each.

<b>Clinical record</b> (sections a to d – up to 150 words each)
<ul style="list-style-type: none"><li>a. <b>Presentation on initial visit</b> Initial complaint/ history of clinical presentation</li><li>b. <b>Relevant medical, dental, social history</b> Only include if relevant, otherwise N/A</li><li>c. <b>Brief record of initial clinical presentation</b> Extra oral and intra oral – radiograph(s) only if clinically necessary</li></ul> <p><b>Initial dated images</b></p> <ul style="list-style-type: none"><li>i. Smile, front view, left and right lateral views</li><li>ii. As above with lip retraction – if they support your case</li><li>iii. Occlusal views</li><li>iv. Initial dated radiographs, only if clinically necessary</li></ul> <p>d. <b>Brief description of initial treatment plan</b> Interim images and radiographs can be provided if relevant to the final outcome</p>
<b>Record of treatment sequence conducted – more relevant with complex cases</b> (up to 250 words)
<b>Final dated images</b>
<ul style="list-style-type: none"><li>i. The same format as initial images</li><li>ii. Final dated radiographs, only if clinically necessary</li></ul>
<b>Reflection of treatment carried out</b> (up to 250 words)
Include learned experiences, problems you encountered and how you addressed them, what you have learnt and how you would have treated the case differently

## **SELECTING THE WINNERS**

A maximum of 14 winners will be selected for the 2023/24 CGDent and GC Award for Foundation Dentists.

**The winners will be announced in early June 2024.**

The Judging panel comprises the Trustees of The Tom Bereznicki Charitable Educational Foundation and suitably qualified members of the College, and their decision is final. The Trustees of The Tom Bereznicki Charitable Educational Foundation represent the College of General Dentistry and GC UK.

Winners will be invited to attend the CGDent Fellows' Summer Reception, held in London in June 2024, to receive their award certificate (date to be confirmed). If they are not able to attend, their certificate will be posted to them.

Each winner will receive a fully-funded place on a composite layering course held over two days at GC's Education Campus in Leuven, Belgium. The prize includes travel costs to and from Belgium, hotel accommodation and all meals, except on the evening of arrival. Winners will be expected to travel to and from London St Pancras Station or their local airport at their own expense.

**The course takes place on Thursday 11 July and Friday 12 July 2024 – leaving London early Thursday and returning early Saturday**

When the course has been completed, winners will also receive a CPD certificate.

## ADDITIONAL EXAMPLE CASES

### CASE E

Composite build up peg laterals and spacing

#### Initial photograph



#### Final photograph



### CASE F

Restoration of carious teeth

#### Initial photograph



#### Final photograph



### CASE G

Aesthetic improvements with composite

#### Initial photograph



#### Final photograph



### CASE H

Emergency restoration of fractured teeth

#### Initial photograph



#### Final photograph



### CASE I

Cosmetic space closure with composite

#### Initial photograph



#### Final photograph



### CASE J

Adhesive bridge and cosmetic composite bonding

#### Initial photograph



#### Final photograph



**CASE K**

Cosmetic composite space closure

**Initial photograph**



**Final photograph**



**CASE L**

Post trauma cosmetic composite repair

**Initial photograph**



**Final photograph**



Photo credits: Case A courtesy of GC – all other clinical cases courtesy of Dr Tom Bereznicki